

Members' database

You enter the database as soon as you register. To register, click on "Register" in the "Member Login" on the left menu (cf. image). **Please use your FIRSTNAME. INITIAL of your last name as your user name. ie Paul.V or Fred.F** This database allows members to contact each other easily, without knowing their email address or their own name! Your email address are hidden and they will never appear on the website.



Calendar



Your club events : lesson schedules, races, events, and work parties are kept up to date by the members of the executive committee, who also add comments and additional information for each event. Great source of information.

A New Tool for Our Community

The Website Team, has the great pleasure to introduce Mooredale's new website. This website has been designed with the idea of creating a **tool for our community**.

Our goals:

- Communication between members
- Visibility of the club to non-members
- Communication with the executive committee
- Volunteer mobilization

Forum

Where you can exchange **ideas**, ask **questions** and share your **knowledge**. Find a sailing partner, ask questions about the bronze, get involved in the club, share your thoughts and ideas for the club, tips, call for volunteer, all this can be easily done through the forum.

So visit and use it as frequently as you wish. This forum is going to be, after our clubhouse, the **heart of our community club!** So make it beat!

Webpages

They are organized into four different topics:

Start Here: Introduction of the club to new people, which should give you a good grasp of what Mooredale is all about.

Lessons: Up-to-date training program

Social: Current and past social events

Racing: Racing events, racing results, and most importantly, extensive racing resources.

Visit the website often, its **content is constantly updated**. Wander around and learn about sailing, racing, and the club itself.

Web Team:

Glenn Specht, Jason McVeigh, Andy Ward, Fred Fellouse & many more contributors

Communication Officer:
Frederic Fellouse

communication@mooredale.com
http://mooredale.com/cm/communication



Thanks to Susan Calahan & Maureen McLafferty for proofreading, and the Membership Team for helping with the Newsletter's shipping.

Mooredale Sailing Club Spring Newsletter

Upcoming Events

Dock Repair Work Party

Saturday March 28 or April 4

Open House at our Clubhouse

Sunday May 10

New Members Info Nights at Mooredale House

Thursday April 16 & May 14

White Sail Class A, S & Plus Start

April 29, May 2 & 12, respectively

Race Training Start

April 13 or 20

New Website www.mooredale.com

Renew your Membership!

Before **May 1** for a \$50 rebate

416.461.3660
www.mooredale.com

April 2009

Message from your Commodore

the-lake will again become a flurry of activity as those hounds of the high seas forgo warm beds and the creature comforts of the great indoors for a chance to get back on the water again. And what a season we're going to have! There's not an event or activity left unplanned, and our members do them all so well!

the best?), the position of role model provides the rest of us with something to strive for, and helps make Mooredale one of the top clubs in the Outer Harbour. And we're always open to your suggestions and comments, that's what being a community club is all about.

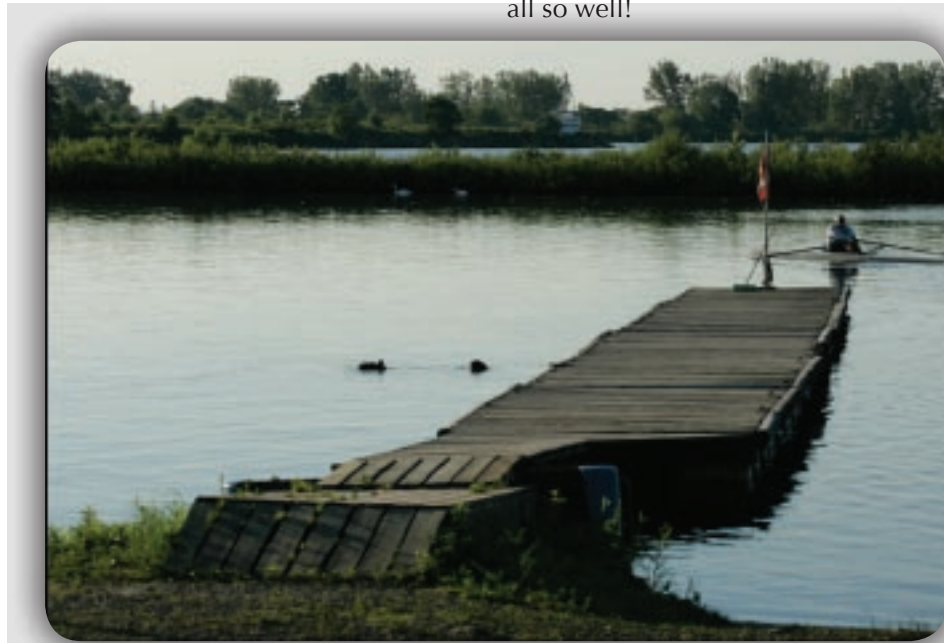
And how do you find out about all the amazing stuff that's going on? Our new Communications Group (formerly the Newsletter department) headed by Fred Fellouse, is striving to inspire us all with a new website that will keep your finger on the pulse of Mooredale! Posters and memos in all the usual places will also abound as the summer gears up, so keep your eyes peeled for info and updates!

So what's your part in all this? Well, we can't do it without you! Those skills you've honed over the years, everything from boat maintenance and dock repair to how long to marinate those steaks, we need you, and we need you now! Decorating skills, organizing skills, office skills? Join our team, and help make things happen! Then in July and August, when an unsuspecting just-arrived member makes a casual inquiry about exactly how our resort comes together each year, you can gaze off into the distance and say in a confident tone, "We did that as a team, ... we do it all!"

New Students will suddenly find themselves a part of not only an extensive learn-to-sail program, but also an organization that specializes in fun! Sailing events for members new and old, social gatherings and parties that you haven't seen since you left high school, and summer afternoons by the water that rival retreats in the Muskokas.

Learn to sail last year, and not sure what to do next? Yup, there'll be stuff for you to do! Race training is a great way to go for the competitive types, and will get you into the racing spirit in no time! Looking for something a little more mellow perhaps? There'll be Rust Removers, fun sails and fun races to be enjoyed by all skill levels, and of course, Wednesday night and social sailing, as always.

Mid-fleeters, eager to discover the road (or heading) to the top, will be showered with opportunities to improve racing skills through Mooredale and CAA skill sessions, as your Race Chair will be only too pleased to fill you in. And for our top-level participants (where do you go when you're



As memories of dark winter mornings and slushy traffic fade into the distance, and old man winter slowly loses his icy grip on the shores of Lake Ontario, our hearts soar and our pulses quicken as we suddenly realize, "It's time to think about sailing again!" Can the thrill of planing across the open water on a Mooredale racing machine, or swapping stories on the deck on a warm summer afternoon be far behind?

Ah, springtime in the outer harbour, and slowly but surely the waterfront comes back to life. Towering cranes sprout up among the trees, eagerly scanning the brown earth for something to pick up and drop into the water. Small groups of colourful people stare thoughtfully at boats and pieces of dock, before agreeing that a little more discussion, and perhaps another beverage are all that's required to get things back in order again.

While many members have been off enjoying winter venues as well as a fine selections of club events and gatherings, the Mooredale team has been hard at work preparing for the upcoming season. Soon our little paradise-by-



So don't be left out of the fun, it's still early, but there's lots to do! We have a warm place and a cold drink for you, come on down and be part of all the bustle! See everyone soon!

Commodore:
Paul Visser



commodore@mooredale.com

Three New Added to our Fleet!

Hello all you skiers who have been tacking back and forth down the hill. Hello! Just point your ski's to the bottom, I guarantee you'll go faster.

Now for the sailing season, this year we are adding 3 new Albacores to the Mooredale fleet. We have also purchased new sails for the Lasers so there are no excuses not to sail. Last year the new Getaway was very popular and many members learn to sail it.

Also a few members ie; Jason, Phil and Mike Park took the time and a great deal of effort to become quite proficient in hull repairs, well done guys.



Again this year we hope to get more people out on the Getaway and also, learn hull repairs to keep the fleet in service. See you at the work parties starting March 28 and on the water in May.

Fleet Captain:

Bob Logue



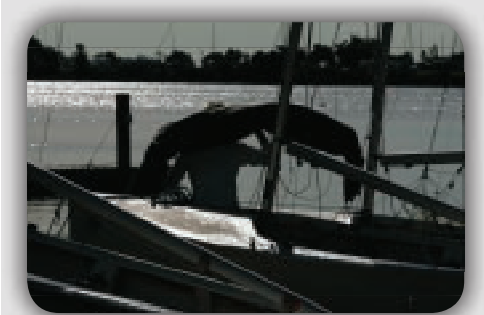
fleet@mooredale.com
http://mooredale.com/cm/sailingfleet

The Treasury

This year the Mooredale Treasury will be hard at work counting beans and counting ducks, trying to keep them all in a row. Everything from shiny rigging trinkets to shiny new boats need to be accounted for, and my department is the one that gets the job done. As a big not-profit organization, it's always a bit of a struggle to have enough money for all the great projects.

So what's your part in the big financial picture? **Well, there's lots you can do! Tell friends and family about the club, or people at work, or put up a poster where you play tennis or squash.** And we like to spend our money on boat stuff, so all the repairs, cleaning, painting, etc, must be done by us! Be sure to sign up for a work party or a committee to help out. Membership, Training, House and Grounds, boat repairs, they're all a good cause, and your efforts will save us big bucks!

Because of everyone's efforts and dedication over the past couple of years, I'm happy to report that we will be adding some shiny new equipment to the fleet, and our fleet captain Bob Logue will be only too happy to share that with you!



Looking forward to another great season, and if anyone has any questions about the guts and glory of the Treasury, come share your thoughts! See you on the water! (so if a penny will buy your thoughts, will a beer buy your silence? Hmm ...)

Treasurer:

Ian Mills



treasurer@mooredale.com



House



&



Grounds

House and Ground Needs You!

Soon the blanket of winter will be put away for another season as spring begins to avail herself. It's only a matter of time now before we start having our Boat Captain's racing for the finish line and Pablo wanting to go skinny-dipping off the dock!

Pablo... please wait until July, the shrinkage factor may be very extreme before then!

Whatever your pleasure may be, the time has come to start making plans for another great year of sailing down at Mooredale. Building from last year's improvements, H&G is looking to continue from where we left off. So, coming down the pipe for another year will be some of your ole favorites along with a few new ones to keep our little party palace rocking!

Here are just a few tasks in store for everyone to eagerly prepare for!

- Dock repairs
- New back door
- Painting
- Grounds cleanup
- Picnic table repair
- Clubhouse improvements

The work party dates are being arranged **starting Saturday April 4th** and the call to arms is upon us. As always, the spirit of Mooredale lays within its members and the dedication we all show in supporting the club. So get ready to roll up your sleeves and let's get the show on the road. Tell a friend or two, **keep your eyes on our newly improved website and email updates for the dates** and mark your calendar and we'll see you all then.



Dock Repair Work Party

Saturday **March 28**
or **April 4**

Check the **website's calendar** for up-to-date information on the next work parties!

<http://mooredale.com/cm/current-events>

Open House at our Clubhouse

Sunday **May 10**

House and Grounds Officer:

Daniel Frey



house_ground@mooredale.com
<http://mooredale.com/cm/current-events>

Welcome to Mooredale!

John Norris - your every popular Social Director - welcomes you to Mooredale! This is my fifth year with the club; in this time I have learnt both how to sail and race and have made many new friends.

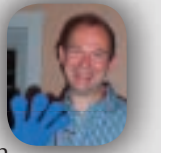
We have a diverse social scene that offers something for everyone! You will make friends with like-minded individuals through your sailing classes, enjoy a leisurely sail in the Outer Harbour, experience the culinary delights of Wednesday Night Social Dinners, improve your racing skills through training sessions, and participate in a variety of community events throughout the season! There is enough to fill everyone's social calendar including - the pubcrawl/season opener, the destination sail to Toronto Island, chilli-fest, the fun triathlon, impromptu barbecues, and our very own Mooredale Regatta - acclaimed as the premier event and largest Albacore event of the Outer Harbour!



You will have use of our "cottage in the city" - the Mooredale Clubhouse! It is both a private retreat where members enjoy cozying up by the fire, relaxing on the deck, catching some rays, and a centre of activity with members sparking up the barbecue for a feast with their friends, swapping sailing stories, or participating in one of the many community events.

Get involved! It is easy, fun - and a sure way to learn something new and meet some new people! All aboard!

Social Convenor:
John Norris



social@mooredale.com
<http://mooredale.com/cm/social>

Learn how to sail at Mooredale



We are getting ready for sailing season 2009, and we want your experience with us, to be "Your Toronto" a summer to remember!!

There is a lot to learn in Albacore sailing and I am confident you will A) thoroughly enjoy your time on the water with our coaches and your classmates and B) you will become "a sailor"!

I want you to know that I am very approachable, if you have any comments or questions about the White Sail program, don't hesitate to talk to me or send me an email. I will also be assisting the instructors and coaches this season and my goal is to get to know all the new members.

After the completion of White Sail, more great events are planned for August and September. These include "White Sail Destination Sail to Centre Island" and the "Amazing Race Fun Regatta".

New members enrolled in the White Sail classes in May and June should be equipped properly. The water will be very cold in May and June. It only takes

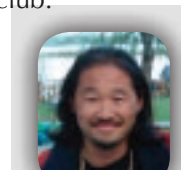
a few minutes to develop hypothermia and could discourage you from the sport. When you are learning to sail, we want you to be as warm and comfy as possible, since you will likely end up in the water!

It is highly recommended that you purchase the following items;

- Coast Guard approved Life Jacket
- Wet or Dry (warmer) Suit
- Thermal underwear
- Sailing boots and sailing gloves
- Whistle

- Sun screen, sun glasses & hat
Returning members interested in the Advanced Sailing program leading to Bronze, please contact me! Don't forget to attend the White Sail Plus, alias Rust remover, which is a great program run by great sailors of our club.

Training Officer:
Mike Park



training@mooredale.com
<http://mooredale.com/cm/lessons>

Mooredale Racing Team



We believe that there are two main components to racing: the theory (the understanding of strategy, tactics and rules) and the practical (boat handling).

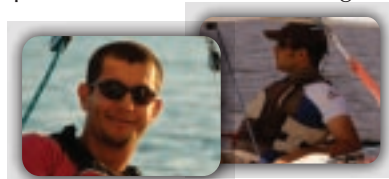
With the new rules in 2009 we will be promoting these new regulations through newsletters, weekly e-mails and supporting seminars.



A person cannot do this by himself or herself, and that is why we call upon every racer to be a part of the racing team by participating and sharing their knowledge. We believe this will be the key to building a better racing team and promoting and sustaining a vibrant sailing community in the Outer Harbour.

Racing Officers:

Almir Tavares & George Carter
 racing@mooredale.com
<http://mooredale.com/cm/racing>



of sailing and socializing?

There is nothing better than a great evening watching the sunset over the city and then having a great meal with new and long time friends. The club also encourages members to bring down non-sailing friends who might enjoy the club or who are just looking for a good meal and meeting new people.

So soon we will start another season of Wednesday Night Socials. From early June until the middle of September members can look forward to joining friends on the deck and making use of your cottage in the city. As is the tradition; our first evening is hosted by the Club Executive. That's on 3rd of June. See you at Mooredale. Just for fun I have included a recipe for Green Rice, it was a dish that was served at one of our Wednesday Night socials.

Monday training will focus more on boat handling skills and practice. Mooredale will be using new techniques such as video to jump-start the learning process. This will hopefully provide a library of knowledge for every different situation.

However, we believe that the most important aspect is to build a team that is sustainable over the years. We will provide guidelines to help bridge the knowledge gap between the most veteran racers, the mid fleet and enthusiasts so that a racer can have a clear path to achieving their racing goals.



Members have, from time to time, done theme evenings: Chinese, Mexican, Cajun or some other exotic meal. The good thing is, there is no pressure to follow in these steps, as many evenings are just about great BBQs and nothing exotic. But it's not just about eating. The concept was for members to make use of the club and get to know other members. What better way than an evening

As racing co-chair with George Carter (a long time sailor and international champion) I will be leveraging on my past competition experience to re-establish a solid racing team at Mooredale.

Mooredale will be introducing some new guidelines to increase safety and to provide a path for the racing enthusiast.



Wednesday Night Sail and Social

became part of the fabric of Mooredale Sailing Club about twenty years ago. The evening was the brainchild of one of our Past Commodores, Bruce Withrow. His idea was for club members to come down go for a sail enjoy the use of the club and not worry about either having to go home and cook a meal or out to a restaurant and spend more money than you should for a good meal.

So the plan was to come down for a sail and after enjoy the evening with a meal that didn't go over \$10.

There have been many memorable meals served at the club. Some mem-

Green Rice Recipe by Phil

Serves four

- 1/2 cup Tightly packed fresh Cilantro
- 1 cup Tightly packed fresh spinach leaves
- 1 1/4 cups Chicken stock
- 1 1/4 cups Milk
- 1 tsp. Salt
- 1 tbs. Olive oil
- 3 tbs. Butter
- 1 1/2 cups Long grain rice
- 1/4 cup Finely chopped Onion
- 1 Clove Garlic

Put the Cilantro, Spinach and chicken stock in a blender and blend until finely pureed. Add the milk and salt and blend, set aside. In a three quart sauce pan with a good lid,

heat the olive oil and butter. When the butter is melted, add the rice and sauté until it just begins to brown (3 minutes). Add the onion and garlic and cook another minute, while stirring. Add the contents of the blender, stir well, bring the mixture to a boil, then put a lid on it and turn the heat to low. Allow to cook for about 20 minutes. Stir the rice carefully with a fork and cover and let it cook for another 5 minutes.

Phil Dunk



Looking Back

According to the RMPA website, Mooredale Sailing Club was established in 1971. I have been a member for a good number of those years and have seen many changes but also many traditions that have stood the test of time. The year I joined, we built what was then the sail shed and is now our change room. Participating in that venture, even with my limited carpentry skills, made me feel at home immediately. Note to new members – get involved!

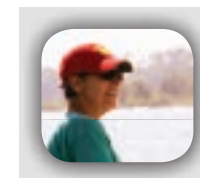
We had no electricity so all the Outer Harbour clubs used generators. The generator always seem to run out of fuel at the most inopportune moments, such as during a party. We didn't get electricity until 1999, hence the T-shirts "Now we are really lit".

When I took White Sail classes, there was a catamaran club where Westwood now stands and their races seemed always to coincide with my classes. These racers were not prepared to alter course for anyone - that made for some hair raising evenings! Our parties were fantastic! On one

memorable occasion we had a Riverboat theme with a huge paddlewheel on the lawn, a roulette wheel, and great vintage costumes. A couple of Mooredale belles dressed as CanCan dancers --- you'll have to guess who they were!

Over the years the club has seen many innovations such as race training and Wednesday night dinners but it is that illusive Mooredale spirit that keeps long time members coming back.

Past Commodore:
Barb Revill



past_commodore@mooredale.com

Memberships

Renew your Membership before **April 30** for a \$50 rebate

Open House at our Clubhouse Sunday **May 10**

New Members Info Nights at Mooredale House Thursday **April 16** & **May 14**



Membership Officer:

Mary McMahon
 416.461.3660
membership@mooredale.com

How Can I Help My Club?

"Well, there's lots you can do! Tell friends and family about the club, or people at work, or put up a poster where you play tennis or squash."

Ian Mill, Treasurer

treasurer@mooredale.com